

**B13a Fasting, Mark 2:18-22, Eighth Sunday in Ordinary Time,  
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Fasting means going without food for a day except for one meal and water. Fasting will give your body a chance to clean out the old. Fasting makes you appreciate the food you may have taken for granted. When you fast, you can give the food and/or the money you would have spent on food to the needy. It is very important not to overdue it. There is a difference between fasting and starving yourself to death. God loves you does not want you to starve yourself to death.

Y H J F D L S E W S D Z B I I N Q F X L  
 S T L D E U N S L L U P N Z G E H A B B  
 N O T E T A V H H C Q Y E M C K E S G R  
 Q B R R C D F N H O J B W H I A C T K I  
 K I N E E F I I Y E T E I O Z T H O E D  
 B R Y W J K O Q P F U L L N E S S O S E  
 F A Q S B Z S E S I W R E H T O K D R G  
 W E D N O P P P E O P L E J Z X L O O R  
 J T S A H Q A Y S T S E U G H W G B W O  
 C L O A K Z Y T D J M I I V S C W Z S O  
 S N L W T M N M I K Y Z P I E G Z C L M  
 E R R A T H E R S N E K N U R H S N U F  
 E Y X O T F N Z C J I E X B F S R Z C J  
 S D E N I U R B I D P B V D W U Y X A H  
 I A U I I H E B P K L P C K E M K W N C  
 R X A F D B I A L C B I L Y D V X C N L  
 A G J E S U S I E B D E O P D F N O O O  
 H O V D H W W F S A I C N W I N P C T T  
 P T S R U B I S T E G E G E N A J T V H  
 Y A D D T W I N E S K I N S G O L D J K

answered	day	Jesus	people	taken
both	disciples	John	Pharisees	tear
bridegroom	fast	long	piece	unshrunk
burst	fresh	new	pulls	wedding
cannot	fullness	objected	rather	wineskins
cloak	gets	old	ruined	worse
cloth	guests	otherwise	sews	

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